

SANDWICHES

Available 24 Hours

Cheddar & Chutney V GFO <small>Vegan Cheese Available</small>	£8.50
Egg Mayonnaise & Cress V GFO	£8.50
Tuna Mayonnaise GFO <small>with Spring Onion & Cucumber</small>	£9.00
Roast Ham & English Mustard GFO	£9.00
King Prawn & Marie Rose Sauce GFO	£9.50
Falafel Wrap with Tzatziki V <small>Vegan option available with Sweet Chilli</small>	£9.50
Southern Fried Chicken Wrap <small>with Salad Leaves & Spicy Mayo</small>	£8.50
BLT with Mayonnaise GFO	£9.50
Fish Finger Giabatta <small>With Crisp Lettuce, Tartare Sauce & Rustic Chips</small>	£12.00

LIGHT BITES

Available 12pm-9pm

£6.00 each or choose 3 for £16.00

BBQ Pulled Pork Sliders, Beef & Cheddar Sliders,
Tempura Chicken Bites, Tempura King Prawns,
Fish Cakes **GF**, Mini Italian Bruschetta **GFO** **VE**,
Mozzarella Sticks **V**, Falafel Balls **VE** **GF**,
Mushroom Arancini **VE**

SOUP & SALAD

Available 12pm-9pm

Homemade Soup of the Day V GFO <small>Served with Bread & Butter</small>	Small £5.00 Large £7.50
Goats Cheese & Parma Ham Salad GF <small>with Cantaloupe Melon, Mixed Leaves, Red Onion & Minted Syrup Dressing</small>	£16.00
Traditional Greek Salad VE <small>With Calamata Olives, Vegan Feta & Pita Bread</small>	£15.00

GF Gluten Free **GFO** Gluten Free Option Available
V Vegetarian **VE** Vegan



2 FOR £25

Choose 2 Mains,
Pastas or Pizzas from our
delicious Retreat Menu**

AVAILABLE EVERY DAY
12PM - 9PM

**A supplement of £4 per dish will apply for
Chicken Souvlaki, 8oz Beef Burger
Beer Battered Fish & Chips, Chargrilled Minute Steak



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MAINS

Available 12pm-9pm

Three egg Omelette V GFO	£15.00
Served with Peas, Rustic Chips & Your Choice of Two Fillings (Choose from Cheese, Ham, Mushrooms, Onions)	
Vegetable Souvlaki Skewers V	£15.00
With Mixed Salad, Tzatziki & Pita Bread	
Chicken Souvlaki Skewers	£17.50
With Mixed Salad, Tzatziki & Pita Bread	
8oz Beef Burger	£16.50
With Cheddar, Tomato Relish on a Sourdough Bun with Rustic Chips	
Cajun Chicken Burger	£16.00
With Mozzarella, Spicy Chutney on a Sourdough Bun with Rustic Chips	
BBQ Pulled Pork Burger	£16.00
With Melted Cheddar, Collard Greens on a Sourdough Bun with Rustic Chips	
Homemade Vegan Burger VE	£15.00
Sweet Potato, Butternut Squash & Black Bean Burger on a Sourdough Bun with Tomato Relish & Sweet Potato Fries	
Beer Battered Fish & Chips	£18.50
With Peas & Tartare Sauce	
Chargrilled Minute Steak	£18.50
With Mushroom Sauce, Chips & Side Salad	

PIZZA & PASTA

Available 12pm-9pm

Linguine Bolognese **GFO** £15.50
Beef, Tomato

Linguine Carbonara **GFO** £15.50
Cream, Parmesan, Ham

Linguine Napolitana **VE GFO** £14.50
Tomato with Seasonal Vegetables

Hand-Stretched Pizzas

Margherita **V GFO** £13.50
Tomato, Mozzarella

Pepperoni **GFO** £14.50
Tomato, Pepperoni, Mozzarella

Vegetable **VE GFO** £14.00
Tomato, Mushroom, Onion, Peppers, **Vegan Mozzarella**

Farmhouse **GFO** £14.50
Tomato, Ham, Mushroom, Mozzarella

SIDES

Garlic Bread **VE GF** £4.00

Rustic Chips **VE GFO** £4.00

Cheesy Chips **GFO** £4.50
Vegan Cheese Available

Sweet Potato Fries **VE GFO** £4.50

Mixed Side Salad **VE GF** £4.50

Pita Bread, Olives, Oil & Balsamic **VE** £5.50

DESSERTS

Available 12pm-9pm

Chocolate Mousse **VE GF** £6.00

Homemade Brownie **V GFO** £6.50
With Vanilla Ice Cream

Dessert of the Day **V** £6.50

Fresh Fruit Salad **VE GF** £5.00

Pot of Ice Cream **V GF** £2.50
Please ask your server for available flavours

DOGGY MENU

Available 8am-12pm

Sausage & Scrambled Egg Small £5.50
Large £7.50

Available 12pm-9pm

Chicken & Rice **GF** Small £5.50
Large £7.50

Bubble & Squeak **V GF** Small £5.50
Large £7.50